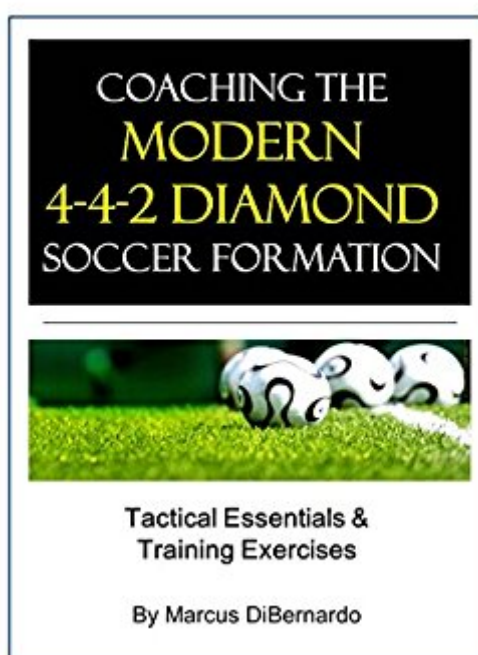


The book was found

Coaching The Modern 4-4-2 Diamond Soccer Formation: Tactics & Training Exercises



Synopsis

Coaching The Modern 4-4-2 Diamond Soccer Formation • is written for coaches who want to study and teach this attacking formation. It not only provides theory and tactics but it contains ready to use training ground exercises which you can implement with your team right away. The book provides a detailed breakdown of individual player's roles & responsibilities in the formation, a complete tactical breakdown, realistic and specific 4-4-2 diamond training ground exercises/drills, various analyses of 4-4-2 diamond vs. other formations and much more. The information is in-depth and comprehensive, yet presented in a simple easy to follow logical way.

Book Information

File Size: 1425 KB

Print Length: 68 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 31, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00N839L6U

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #336,597 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #57

inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Soccer #125 inÂ Books > Sports & Outdoors > Coaching > Soccer #196 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Soccer

Customer Reviews

This was an excellent book for a new coach with little 11 v 11 experience. It was clearly written and diagrammed presenting the logic of the defensive and offensive strategies. Very helpful

Decent book giving the basics around the 4-4-2 diamond. Not a formation for those teams with tricky wingers though - hard to fit them into this system.

This book was very help and easy to follow.

Great product, delivered as described,

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